

COACHING (COACHING)

Courses

COACHING 661 PREVENTION AND CARE OF ATHLETIC INJURIES 3 Units

This class covers the methods and techniques for the treatment and prevention of injuries related to participation in physical activities. Emphasis is placed on the etiology of movement injuries, injury management procedures, and preventive conditioning techniques.

COACHING 663 CHILDREN AND SPORTS 3 Units

Explores the historical perspective and the present controversy surrounding children in competitive sports. Future directions of competitive sport for children will be a major focus.

COACHING 680 LEGAL ASPECTS OF SPORT AND RECREATION ACTIVITIES 3 Units

This course will examine the complexities of sport and recreation litigation, primarily focused on educational institutions. Students will use this knowledge to aid their professional growth in the fields of sport and recreation activity. Topics such as risk management, contracts, liability, and policy development will provide a better understanding of the law with respect to challenges encountered by sport and recreation professionals.

COACHING 690 WORKSHOP IN INTERCOLLEGIATE OR INTERSCHOLASTIC ATHLETICS *Repeatable* 1-3 Units

Variable topics. Group activity oriented presentations emphasizing "hands on" and participatory instructional techniques.

COACHING 696 SPECIAL STUDIES *Repeatable* 1-4 Units

Variable topics. Group activity. Not offered regularly in the curriculum but offered on topics selected on the basis of timeliness, need, and interest, and generally in the format of regularly scheduled Catalog offerings.

COACHING 702 ORGANIZATION AND ADMINISTRATION OF SPORT AND RECREATION 3 Units

Students will develop and apply organizational and leadership theories to specific career interests in sport and recreation. Particular emphasis will be placed on merging theory and practice through differentiated learning activities to promote a holistic understanding of administrative leadership in complex organizations.

EQUIVALENTS: HEALAD/#RECR TN/COACHING 702

COACHING 705 SPORT AND EXERCISE PSYCHOLOGY 3 Units

The course will include an in-depth examination of the psychological factors that impact individuals and their performance in the athletic and exercise setting. Theoretical and applied parameters will be extensively studied from a human performance perspective. The coach will develop intervention strategies, techniques and skills to enhance their psychological effectiveness in the athletic and exercise domain.

COACHING 706 SPORT AND SOCIETY 3 Units

This course provides students with an in-depth study of the social dimension of sport in a modern industrialized society. The course will allow students to engage in an in-depth study of social factors that impact sport from both a theoretical and applied perspective.

COACHING 710 CURRENT TRENDS AND ISSUES IN KINESIOLOGY 3 Units

This course will examine the current trends and issues in Kinesiology. The concepts will be explored from a theoretical and applied perspective.

COACHING 790 WORKSHOP *Repeatable* 1-4 Units

Variable topics. Group activity oriented presentations emphasizing "hands on" and participatory instructional techniques.

COACHING 793 PRACTICUM *Repeatable* 1-6 Units Practicum

COACHING 794 SEMINAR 1-3 Units

Variable topics. Group activity. An advanced course of study in a defined subject matter area emphasizing a small group in intense study with a faculty member.

COACHING 796 SPECIAL STUDIES *Repeatable* 1-4 Units

Variable topics. Group activity. Not offered regularly in the curriculum but offered on topics selected on the basis of timeliness, need, and interest, and generally in the format of regularly scheduled Catalog offerings.

COACHING 798 INDIVIDUAL STUDIES *Repeatable* 1-3 Units

Study of a selected topic or topics under the direction of a faculty member.

COACHING 799 THESIS RESEARCH *Repeatable* 1-6 Units

Students must complete a Thesis Proposal Form in the Graduate Studies Office before registering for this course.