COUNSELOR EDUCATION (COUNSED)

Courses

COUNSED 690 WORKSHOP Repeatable 1-3 Units
Variable topics. Group activity oriented presentations emphasizing "hands on" and participatory instructional techniques.

COUNSED 691 TRAVEL STUDY Repeatable 1-3 Units
Variable topics. Faculty-led courses abroad.

COUNSED 696 SPECIAL STUDIES Repeatable 1-3 Units
Variable topics. Group activity. Not offered regularly in the curriculum but offered on topics selected on the basis of timeliness, need, and interest, and generally in the format of regularly scheduled Catalog offerings.

COUNSED 712 PROFESSIONAL FOUNDATIONS OF COUNSELING 3 Units
This foundational course provides a historical and philosophical overview of the field of counseling. History, current trends, professional issues, and numerous areas within the counseling field will be critically examined. Professional organizations, preparation standards, roles and credentials relevant to the practice of counseling in multiple settings will also be discussed.
PREREQ: ADMISSION TO PROGRAM OR CERTIFICATE PROGRAM, OR CONSENT OF INSTRUCTOR

COUNSED 715 RESEARCH IN COUNSELOR EDUCATION 3 Units
The purpose of this course is to provide a practical graduate-level overview of research design in counseling and personnel services and to develop skills for designing, critiquing and disseminating research.

COUNSED 716 CRISIS INTERVENTION AND TRAUMA COUNSELING ACROSS SETTINGS 3 Units
This course will present counseling approaches that effectively address crises across counseling settings. Students will reflect on how people deal with crises, learn prevention measures, and develop skills in psychological first aid with specific intervention techniques. Examples of situations to be explored include suicide, homicide, intimate partner violence, sexual assault, natural disasters and terrorism, school safety, and personal loss.
PREREQ: ADMISSION TO PROGRAM OR CERTIFICATE PROGRAM, OR CONSENT OF INSTRUCTOR

COUNSED 717 PRINCIPLES OF COUNSELING 3 Units
Principles of the roles and functions of professional counselors are discussed and practiced in a laboratory setting, including relationship building, conducting interviews and the counseling process. Professional issues as they relate to ethics, legal considerations, scope of practice, mental health service delivery, multicultural concerns, and the value of professional organizations are explored. This course is designed to provide the student with opportunities to define and explore the various roles/tasks of professional counselors, including case conceptualization, prevention, intervention, referral, and termination. By the end of the course, the student should develop a working knowledge of counseling skills, processes, and procedures to facilitate further study in subsequent practicum and internship classes.
PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

COUNSED 718 APPRAISAL PROCEDURES IN COUNSELING 3 Units
This course provides an understanding of individual and group approaches to assessment and evaluation in a multicultural society. It will examine basic concepts of standardized and non-standardized testing and other assessment methods for appraising individual differences and family dynamics. Students will examine statistical concepts relevant to assessment (scales of measurement, measures of central tendency, variability, and reliability and validity). Discussions and laboratory experiences will center on the use and interpretation of standardized and non-standardized measures of appraisal with individuals, groups and families and the social, cultural and ethical factors relevant to the assessment process.
PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

COUNSED 720 CAREER DEVELOPMENT AND INFORMATION SERVICES 3 Units
The course focuses on major theories of career development and decision making models. It addresses sources of career, educational, leisure, occupational and labor market information, career information systems, assessments, techniques pertinent for career planning, placement, and follow-up. Interrelationships between work, family and other life roles as well as multicultural issues in career development are examined. Students will have the opportunity to be involved with career development program planning, implementation, evaluation and theory application.
COREQ: COUNSED 718

COUNSED 721 GROUPS: THEORY AND PRACTICE 3 Units
This course provides theoretical and experiential understandings of group work, including principles of group dynamics, theories of group counseling and group leadership and facilitation styles. Group counseling methods are experienced directly in the learning process. Multiple group approaches, necessary to work effectively in a multicultural society, are explored.
PREREQ: COUNSED 718 AND COUNSED 722 AND ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

COUNSED 722 THEORIES OF COUNSELING 3 Units
This course examines prominent counseling theories that provide models for conceptualizing client issues and identifying appropriate intervention strategies. System theories and major models of family and related interventions will be highlighted. Attention will be given to multicultural and ethical issues in counseling. Students will be exposed to current professional research and practices in the field to enable the initial development of their personal theories of counseling.
COREQ: COUNSED 718

COUNSED 724 CAREER COUNSELING OF ADOLESCENT AND ADULT 3 Units
Principles of career counseling of adolescents and adults are considered. Emphasis is placed on current trends, including integrative holistic career counseling, assessments, role of technology and internet, employability and job search skills. Attention is given to procedures for counseling diverse populations. Job loss issues are also addressed.
COREQ: COUNSED 718
COUNSED 728 **MENTAL HEALTH DIAGNOSIS IN COUNSELING** 3 Units
Students will enhance their development of diagnostic skills by examining the diagnostic criteria of the Diagnostic and Statistical Manual and its application in counseling. Students will examine the benefits and concerns of diagnosis, develop an understanding of the interplay between biology and environment in the development of psychopathology, and gain basic knowledge regarding treatment planning and treatment modalities.
COREQ: COUNSED 718

COUNSED 731 **INTRODUCTION TO MARRIAGE, COUPLES, AND FAMILY COUNSELING** 3 Units
This course provides an introduction to the theories and practices of systems therapy. The content covers three essential areas of study: (a) theoretical concepts and models of systems theory and marriage, couples, and family therapy, along with related research and professional issues; (b) practical information, techniques, and procedures; and (c) issues concerning today's couples and families.
COREQ: COUNSED 718

COUNSED 732 **ADVANCED MARRIAGE, COUPLES, AND FAMILY COUNSELING** 3 Units
An advanced course in counseling that focuses on various issues related to marriage, couples, and family counseling: working with couples/partnerships, divorce counseling, therapy with children within a family context, remarriage and blended family systems, sexuality, and multi-problematic families. Emphasis will be placed on advanced assessment and procedures of intervention.
PREREQ: COUNSED 731

COUNSED 734 **FAMILIES: ASSESSMENT AND TREATMENT OF ABUSIVE BEHAVIORS** 3 Units
This is a professional course in counseling designed for individuals seeking advanced training in assessment and treatment of abusive family systems. This course will elaborate on child abuse, neglect, and physical and sexual abuse and its impact on the individual and the family. The course will examine family dynamics which contribute to the development of an abusive system and those that provide protection against abuse and/or enhance the effective processing of trauma.
PREREQ: COUNSED 718 AND COUNSED 722 AND ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

COUNSED 736 **COUNSELING ACROSS THE LIFESPAN** 3 Units
Course provides understanding of nature and needs of persons at all developmental levels and in multicultural contexts. Theories of individual and family development, as well as theories of learning and personality development and models of resilience, are included. Connections are made between developmental issues and counseling interventions that facilitate development and wellness over the lifespan. Attention is given to therapeutic interventions with normal and abnormal behaviors across the lifespan.
COREQ: COUNSED 718

COUNSED 738 **SCHOOLS AND THE ROLE OF THE SCHOOL COUNSELOR** 3 Units
This course focuses on the design, implementation, and evaluation of comprehensive counseling programs that lead to positive learning environments and student success. A systemic lens will be used to view the varying influences impacting student life and learning in PK-12 schools, including topics such as school climate, special education, learning theory, and classroom / behavior management.
PREREQ: ADMISSION TO PROGRAM OR CERTIFICATE PROGRAM, OR CONSENT OF INSTRUCTOR

COUNSED 739 **TRAUMA TREATMENT** 3 Units
This course examines the impact of trauma on development and behavior. The primary focus of the course is the examination of various approaches to effectively address the impact of trauma. The stages of trauma treatment will be examined and various approaches to effectively address trauma will be explored.
PREREQ: COUNSED 716 AND COUNSED 734

COUNSED 741 **SOCIAL AND CULTURAL FOUNDATIONS IN COUNSELING** 3 Units
This course is designed to provide students with foundational knowledge and competency base for effective counseling with diverse populations. It will examine multicultural and pluralistic trends, including characteristics and concerns among diverse groups nationally and internationally. Theories of multicultural counseling, identity development, worldviews, acculturation issues, conflict resolution, social justice, advocacy and multicultural competencies will be discussed. Individual, couple, family, group and community strategies for working with and advocating for diverse populations will be examined. Counselors' roles in eliminating biases, prejudices, oppression and discrimination will be highlighted. Students will be involved in experiential learning activities aimed at fostering an understanding of themselves and culturally diverse individuals.
COREQ: COUNSED 718

COUNSED 743 **SCHOOL COUNSELING: CONSULTATION, COLLABORATION, AND INTERVENTION** 3 Units
The course focuses on the role of the culturally competent school counselor in creating collaborative consultation relationships with staff and families to impact student development. Students will develop data driven interventions across multi-tiered systems of support that impact student achievement and well-being.
PREREQ: ADMISSION TO PROGRAM OR CERTIFICATE PROGRAM, OR CONSENT OF INSTRUCTOR

COUNSED 745 **CURRENT ISSUES IN SCHOOL COUNSELING: SUPPORT FOR STUDENT SUCCESS** 3 Units
Specific issues that impact PK-12 school students are investigated, including those related to mental health, addictions, trauma, and psychopharmacology. Counseling strategies and interventions to enhance student development are discussed.
PREREQ: ADMISSION TO PROGRAM OR CERTIFICATE PROGRAM, OR CONSENT OF INSTRUCTOR

COUNSED 746 **COUNSELING AND THE CHEMICAL DEPENDENCY PROCESS** 3 Units
This course is a study of alcohol and other drug abuse, the process of chemical dependency, its impact on the family and its importance in the area of counseling. This course will enable the counselor to identify and assess the substance abuser and examine the counselor's role in the prevention and intervention process. Students will develop knowledge of the behavioral, psychological, physical health, and social effects of psychoactive substances and addictive disorders on the user and significant others. It will examine the history, philosophy and trends in addiction counseling. The student will learn to identify the various symptoms of progressive stages of chemical dependency and counseling modalities for treatment.
COREQ: COUNSED 718 AND COUNSED 722; PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR
COUNSED 747  COUNSELING CHILDREN AND ADOLESCENTS  3 Units
This course will provide an overview of developmentally appropriate approaches to counseling children and adolescents in school and mental health settings. Various theoretical approaches and interventions will be explored. Issues specific to children and adolescents, including legal and ethical issues, working within the family context, and multicultural and diversity aspects will be addressed.
PREREQ: ADMISSION TO COUNSELOR EDUCATION PROGRAM OR CERTIFICATE PROGRAM; COUNSED 718, COUNSED 722 AND COUNSED 736

COUNSED 749  CHEMICAL DEPENDENCY: EVIDENCE-BASED AND INTEGRATED TREATMENT  3 Units
This course is for the student who wishes to develop and refine skills in the area of addictions counseling. The course will examine the roles, functions, and settings of addiction counselors. Students will develop knowledge and skills related to evidence-based approaches to address addictions and integrated mental health, trauma and addictions treatment.
PREREQ: COUNSED 746 AND ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

COUNSED 751  PROFESSIONAL PRACTICES: ETHICS AND CONSULTATION  3 Units
This course is designed to review ethical principles across counseling disciplines and to apply these principles in the practice of counseling, collaboration and consultation. Ethical codes will be reviewed, theories and paradigms of ethical decision making models explored, and legal implications of ethical practice considered. Consultation theories, models, processes, and issues will be examined and applied. Consultation skill development will focus on benefiting both the client (consultee) and client system, in which the client, persons in the client¿s support system/context, various professionals within the educational or counseling setting, professionals in the mental health community, and other community members are empowered to facilitate change.
COREQ: COUNSED 718

COUNSED 753  TREATMENT OF MENTAL HEALTH DISORDERS  3 Units
Students will utilize the intake interview, mental status exam, and gathering of biopsychosocial and mental health histories to aide in the diagnostic process and development of treatment plans. Students will explore specific evidence-based interventions/techniques used with clients to address mental health concerns. Students will understand the basics pertaining to psychotropic drugs used in the treatment of mental health disorders.
PREREQ: COUNSED 728 AND ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

COUNSED 754  ADDICTION CONCERNS WHEN WORKING WITH CHILDREN, ADOLESCENTS & ADULTS  1 Units
This is an online course focusing on addiction for counselors when working with children, adolescents, and adults in school systems and colleges/universities. Course modules will cover specific topics related to alcohol and other drug abuse; the process of chemical dependency; and the impact of addiction on children, adolescents and adults.
PREREQ: COUNSED 718 AND COUNSED 722

COUNSED 755  UNDERSTANDING AND ADDRESSING CRISIS AND TRAUMA  1 Units
This course will present counseling approaches which effectively address crises in school settings. The course will examine the impact of trauma and crisis and potential neurobiological responses. The participant will gain knowledge and skills useful in assessing and intervening in crises and explore the application of these skills in addressing specific crisis situations relevant to schools.
PREREQ: COUNSED 718 AND COUNSED 722

COUNSED 756  A SYSTEMS PRIMER FOR SCHOOL AND HIGHER EDUCATION COUNSELORS  1 Units
This course will introduce a systemic lens to view the varying influences impacting student life and learning. Students as systems thinkers will consider the impact of differing systems upon students of differing systems, develop skills to engage systems, and gain specific understanding of factors impacting a student's world.
PREREQ: COUNSED 718

COUNSED 790  WORKSHOP  Repeatable  1-3 Units
Variable topics. Group activity oriented presentations emphasizing "hands on" and participatory instructional techniques.
PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

COUNSED 792  TRAUMA RESPONSIVE CONSULTATION  Repeatable  1-2 Units
This course is a six-month experience in which the mental health professional/educator will provide services to students/clients who have experienced trauma and develop treatment plans and implement trauma responsive treatment/interventions with these clients. The course requires the student to attend a class for group consultation with the instructor on an every other week basis for a period of six months.
PREREQ: ALL COURSES IN THE TRAUMA-INFORMED AND TRAUMA RESPONSIVE CERTIFICATE PROGRAM NEED TO BE COMPLETED PRIOR TO TAKING THIS COURSE. THE PROFESSIONAL MUST HAVE COMPLETED TWO YEARS OF POST-GRADUATE WORK PRIOR TO TAKING THIS COURSE.

COUNSED 793  SUPERVISED PRACTICUM  Repeatable  3 Units
Practicum students provide individual, couple, family and group counseling services to students and other community members in the counseling lab. Students must complete supervised practicum experiences that total a minimum of 100 clock hours, including 40 hours of direct counseling service. Practicum students receive individual and/or triadic supervision and group supervision each week. This is a time to develop and refine counseling skills while providing a service to the community.
PREREQ: COUNSED 718, COUNSED 721, COUNSED 722, COUNSED 751, ADMISSION TO MS COUNSELING PROGRAM AND CONSENT OF THE DEPARTMENT

COUNSED 794  SEMINAR  1-3 Units
Variable topics. Group activity. An advanced course of study in a defined subject matter area emphasizing a small group in intense study with a faculty member.
PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR
COUNSED 795  COUNSELING INTERNSHIP  Repeatable  3-6 Units
The Counseling Internship is an opportunity for students to apply
concepts and skills in field counseling settings. Students are placed
in internship settings that are compatible with the individual student’s
experiences, competencies, and career goals. Students work with clients
under the supervision of a qualified staff member in the setting and the
university counselor education staff.
PREREQ: ADMISSION TO MS COUNSELING PROGRAM AND
DEPARTMENT CONSENT

COUNSED 796  SPECIAL STUDIES  Repeatable  1-3 Units
Variable topics. Group activity. Not offered regularly in the curriculum but
offered on topics selected on the basis of timeliness, need, and interest,
and generally in the format of regularly scheduled Catalog offerings.
PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF
INSTRUCTOR

COUNSED 797  POST-MASTERS COUNSELING
INTERNSHIP  Repeatable  1.5-3 Units
Interns will complete supervised experience in their emphasis area
(community agency, higher education setting, or school). The intern
will engage in individual, group counseling, and family counseling, and
consultation, as well as a variety of other activities that a regularly
employed counselor in the setting would be expected to perform. Can
repeat once.
PREREQ: MASTERS IN COUNSELING OR EQUIVALENT

COUNSED 798  INDIVIDUAL STUDIES  Repeatable  1-3 Units
Study of a selected topic or topics under the direction of a faculty
member.
PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF
INSTRUCTOR

COUNSED 799  THESIS RESEARCH  Repeatable  1-6 Units
Students must complete a Thesis Proposal Form in the Graduate Studies
Office before registering for this course.
PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF
INSTRUCTOR