

# COUNSELOR EDUCATION (COUNSED)

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## Courses

### **COUNSED 690 WORKSHOP *Repeatable* 1-3 Units**

Variable topics. Group activity oriented presentations emphasizing "hands on" and participatory instructional techniques.

### **COUNSED 691 TRAVEL STUDY *Repeatable* 1-3 Units**

Variable topics. Faculty-led courses abroad.

### **COUNSED 696 SPECIAL STUDIES *Repeatable* 1-3 Units**

Variable topics. Group activity. Not offered regularly in the curriculum but offered on topics selected on the basis of timeliness, need, and interest, and generally in the format of regularly scheduled Catalog offerings.

### **COUNSED 701 SCHOOL COUNSELING PROGRAMS I 3 Units**

This course focuses on the design, implementation, and evaluation of comprehensive school counseling programs focused on academic, social-emotional and career. A systemic lens will be used to view the varying influences impacting student life and learning in PK-12 schools. Students will develop data driven interventions across multi-tiered systems of support that impact student achievement, well-being, and post-secondary access.

### **COUNSED 702 MENTAL HEALTH IN EDUCATIONAL SETTINGS 3 Units**

The purpose of this course is to provide current educators, professionals, and administrators in P-12 and higher educational and professional settings with an overview of mental health, how behaviors may present in schools and the community, learn individual and systemic educational preventions and interventions, and explore policies and ways to handle drugs, alcohol, and other coping strategies.

### **COUNSED 703 GROUP INTERVENTION IN SCHOOLS 2 Units**

A discussion and experiential course designed to assist students to learn concepts and skills related to working with small counseling groups in schools. Group development and group dynamics are investigated through didactic assignments. Consideration is given to the application of group procedures in school settings.

### **COUNSED 704 SCHOOL COUNSELING PROGRAMS II 2 Units**

The course focuses on theories and models of career development, counseling and decision-making specific to PK-16 environments. The course addresses sources of career, educational, avocational, occupational, and labor market information, technology, career information systems, assessments, and techniques pertinent for career planning, placement, and follow-up, with the goal of social justice and systemic change. Students will learn about career development program planning, implementation, evaluation and theory application and skills to support students and families through educational transitions. Throughout, students will gain leadership and advocacy strategies to address opportunity gaps, access, and barriers to special programming.

### **COUNSED 705 BUILDING RESILIENCE: TRAUMA INFORMED PRACTICE AND CRISIS RESPONSE 3 Units**

The purpose of this course is to provide educators, professionals, and administrators in educational settings with an overview of trauma informed practices. Students will explore the impact of childhood trauma, including neurobiological responses to trauma, and how to create environments where resilience is fostered. Students will also learn how to approach and address crises in school settings, including suicide, school violence and other disasters.

PREREQ: ADMISSION TO (TRAUMA INFORMED PRACTICE IN EDUCATION CERTIFICATE OR EDUCATOR IN SCHOOL COUNSELING CERTIFICATE)

### **COUNSED 708 ETHICS AND FOUNDATIONS OF SCHOOL COUNSELING 3 Units**

This course provides students with an understanding of foundational principles in school counseling, including professional identity, conflict resolution, social justice, advocacy and ethics. We will examine the role of the culturally sustaining and antiracist school counselor in creating collaborative relationships with students, staff and families to impact student development and create equitable school systems. We will discuss ethical codes, theories and paradigms of ethical decision making models, as well as legal implications of ethical practice within school counseling practice.

PREREQ: ADMISSION TO EDUCATOR IN SCHOOL COUNSELING CERTIFICATE

### **COUNSED 710 SCHOOL COUNSELING SKILLS AND THEORIES 3 Units**

This course is designed to provide students with the opportunity to explore, define, and refine the role of helper in school counseling relationships along with the exploration of prominent counseling theories. Students engage in skills based practice and are exposed to relevant current professional research in the field so they begin to develop their personal theories of counseling.

PREREQ: ADMISSION TO EDUCATOR IN SCHOOL COUNSELING CERTIFICATE

### **COUNSED 711 SCHOOL COUNSELING INTERNSHIP *Repeatable* 1-3 Units**

The School Counseling Internship is an opportunity for students to apply concepts and skills in school counseling settings. Students are placed in Pk-12 educational settings and are required to have substantial experience across elementary, middle and high school settings. Students work under the supervision of a licensed school counselor and university counselor education staff.

PREREQ: ADMISSION TO EDUCATOR IN SCHOOL COUNSELING CERTIFICATE

### **COUNSED 712 PROFESSIONAL FOUNDATIONS OF COUNSELING 3 Units**

This foundational course provides a historical and philosophical overview of the field of counseling. History, current trends, professional issues, and numerous areas within the counseling field will be critically examined. Professional organizations, preparation standards, roles and credentials relevant to the practice of counseling in multiple settings will also be discussed.

PREREQ: ADMISSION TO PROGRAM OR CERTIFICATE PROGRAM, OR CONSENT OF INSTRUCTOR

### **COUNSED 715 RESEARCH IN COUNSELOR EDUCATION 3 Units**

The purpose of this course is to provide a practical graduate-level overview of research design in counseling and personnel services and to develop skills for designing, critiquing and disseminating research.

**COUNSED 716 CRISIS INTERVENTION AND TRAUMA COUNSELING ACROSS SETTINGS 3 Units**

This course will present counseling approaches that effectively address crises across counseling settings. Students will reflect on how people deal with crises, learn prevention measures, and develop skills in psychological first aid with specific intervention techniques. Examples of situations to be explored include suicide, homicide, intimate partner violence, sexual assault, natural disasters and terrorism, school safety, and personal loss.

PREREQ: ADMISSION TO PROGRAM OR CERTIFICATE PROGRAM, OR CONSENT OF INSTRUCTOR

**COUNSED 718 PRINCIPLES OF COUNSELING 3 Units**

Principles of the roles and functions of professional counselors are discussed and practiced in a laboratory setting, including relationship building, conducting interviews and the counseling process. Professional issues as they relate to ethics, legal considerations, scope of practice, mental health service delivery, multicultural concerns, and the value of professional organizations are explored. This course is designed to provide the student with opportunities to define and explore the various roles/tasks of professional counselors, including case conceptualization, prevention, intervention, referral, and termination. Students will develop a working knowledge of counseling skills, processes, and procedures.

PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

**COUNSED 719 APPRAISAL PROCEDURES IN COUNSELING 3 Units**

This course provides an understanding of individual and group approaches to assessment and evaluation in a multicultural society. It will examine basic concepts of standardized and non-standardized testing and other assessment methods for appraising individual differences and family dynamics. Students will examine statistical concepts relevant to assessment (scales of measurement, measures of central tendency, variability, and reliability and validity). Discussions and laboratory experiences will center on the use and interpretation of standardized and non standardized measures of appraisal with individuals, groups and families and the social, cultural and ethical factors relevant to the assessment process.

PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

**COUNSED 720 CAREER DEVELOPMENT AND INFORMATION SERVICES 3 Units**

The course focuses on major theories of career development and decision making models. It addresses sources of career, educational, leisure, occupational and labor market information, career information systems, assessments, techniques pertinent for career planning, placement, and follow-up. Interrelationships between work, family and other life roles as well as multicultural issues in career development are examined. Students will have the opportunity to be involved with career development program planning, implementation, evaluation and theory application.

COREQ: COUNSED 718

**COUNSED 721 GROUPS: THEORY AND PRACTICE 3 Units**

This course provides theoretical and experiential understandings of group work, including principles of group dynamics, theories of group counseling and group leadership and facilitation styles. Group counseling methods are experienced directly in the learning process. Multiple group approaches, necessary to work effectively in a multicultural society, are explored.

PREREQ: COUNSED 718 AND COUNSED 722 AND ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

**COUNSED 722 THEORIES OF COUNSELING 3 Units**

This course examines prominent counseling theories that provide models for conceptualizing client issues and identifying appropriate intervention strategies. System theories and major models of family and related interventions will be highlighted. Attention will be given to multicultural and ethical issues in counseling. Students will be exposed to current professional research and practices in the field to enable the initial development of their personal theories of counseling.

COREQ: COUNSED 718

**COUNSED 728 MENTAL HEALTH DIAGNOSIS IN COUNSELING 3 Units**

Students will enhance their development of diagnostic skills by examining the diagnostic criteria of the Diagnostic and Statistical Manual and its application in counseling. Students will examine the benefits and concerns of diagnosis, develop an understanding of the interplay between biology and environment in the development of psychopathology, and gain basic knowledge regarding treatment planning and treatment modalities.

COREQ: COUNSED 718

**COUNSED 731 INTRODUCTION TO MARRIAGE, COUPLES, AND FAMILY COUNSELING 3 Units**

This course provides an introduction to the theories and practices of systems therapy. The content covers three essential areas of study: (a) theoretical concepts and models of systems theory and marriage, couples, and family therapy, along with related research and professional issues; (b) practical information, techniques, and procedures; and (c) issues concerning today's couples and families.

COREQ: COUNSED 718

**COUNSED 732 ADVANCED MARRIAGE, COUPLES, AND FAMILY COUNSELING 3 Units**

An advanced course in counseling that focuses on various issues related to marriage, couples, and family counseling: working with couples/partnerships, divorce counseling, therapy with children within a family context, remarriage and blended family systems, sexuality, and multi-problematic families. Emphasis will be placed on advanced assessment and procedures of intervention.

PREREQ: COUNSED 731

**COUNSED 734 FAMILIES: ASSESSMENT AND TREATMENT OF ABUSIVE BEHAVIORS 3 Units**

This is a professional course in counseling designed for individuals seeking advanced training in assessment and treatment of abusive family systems. This course will elaborate on child abuse, neglect, and physical and sexual abuse and its impact on the individual and the family. The course will examine family dynamics which contribute to the development of an abusive system and those that provide protection against abuse and/or enhance the effective processing of trauma

PREREQ: COUNSED 718 AND COUNSED 722 AND ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

**COUNSED 736 COUNSELING ACROSS THE LIFESPAN 3 Units**

Course provides understanding of nature and needs of persons at all developmental levels and in multicultural contexts. Theories of individual and family development, as well as theories of learning and personality development and models of resilience, are included. Connections are made between developmental issues and counseling interventions that facilitate development and wellness over the lifespan. Attention is given to therapeutic interventions with normal and abnormal behaviors across the lifespan.

COREQ: COUNSED 718

**COUNSED 738 SCHOOLS AND THE ROLE OF THE SCHOOL COUNSELOR 3 Units**

This course focuses on the design, implementation, and evaluation of comprehensive counseling programs that lead to positive learning environments and student success. A systemic lens will be used to view the varying influences impacting student life and learning in PK-12 schools, including topics such as school climate, special education, learning theory, and classroom / behavior management.

PREREQ: ADMISSION TO PROGRAM OR CERTIFICATE PROGRAM, OR CONSENT OF INSTRUCTOR

**COUNSED 739 TRAUMA TREATMENT 3 Units**

This course examines the impact of trauma on development and behavior. The primary focus of the course is the examination of various approaches to effectively address the impact of trauma. The stages of trauma treatment will be examined and various approaches to effectively address trauma will be explored.

PREREQ: COUNSED 716

**COUNSED 741 SOCIAL AND CULTURAL FOUNDATIONS IN COUNSELING 3 Units**

This course is designed to provide students with foundational knowledge and competency base for effective counseling with diverse populations. We will examine multicultural and pluralistic trends, including characteristics and concerns among diverse groups nationally and internationally. Theories of multicultural counseling, identity development, worldviews, acculturation issues, conflict resolution, social justice, advocacy and multicultural competencies will be discussed. Individual, couple, family, group and community strategies for working with and advocating for diverse populations will be examined. Counselors' roles in eliminating biases, prejudices, oppression and discrimination will be highlighted.

COREQ: COUNSED 718

**COUNSED 743 SCHOOL COUNSELING: CONSULTATION, COLLABORATION, AND INTERVENTION 3 Units**

The course focuses on the role of the culturally competent school counselor in creating collaborative consultation relationships with staff and families to impact student development. Students will develop data driven interventions across multi-tiered systems of support that impact student achievement and well-being.

PREREQ: ADMISSION TO PROGRAM OR CERTIFICATE PROGRAM, OR CONSENT OF INSTRUCTOR

**COUNSED 746 COUNSELING AND THE CHEMICAL DEPENDENCY PROCESS 3 Units**

This course is a study of alcohol and other drug abuse, the process of chemical dependency, its impact on the family and its importance in the area of counseling. This course will enable the counselor to identify and assess the substance abuser and examine the counselor's role in the prevention and intervention processes. Students will develop knowledge of the behavioral, psychological, physical health, and social effects of psychoactive substances and addictive disorders on the user and significant others. The course will examine the history, philosophy and trends in addiction counseling.

PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR COREQ: COUNSED 718 AND COUNSED 722

**COUNSED 747 COUNSELING CHILDREN AND ADOLESCENTS 3 Units**

This course will provide an overview of developmentally appropriate approaches to counseling children and adolescents in school and mental health settings. Various theoretical approaches and interventions will be explored. Issues specific to children and adolescents, including legal and ethical issues, working within the family context, and multicultural and diversity aspects will be addressed.

PREREQ: ADMISSION TO COUNSELOR EDUCATION PROGRAM OR CERTIFICATE PROGRAM; COUNSED 718, COUNSED 722 AND COUNSED 736

**COUNSED 749 CHEMICAL DEPENDENCY: EVIDENCE-BASED AND INTEGRATED TREATMENT 3 Units**

This course is for the student who wishes to develop and refine skills in the area of addictions counseling. The course will examine the roles, functions, and settings of addiction counselors. Students will develop knowledge and skills related to evidence-based approaches to address addictions and integrated mental health, trauma and addictions treatment.

PREREQ: COUNSED 746 AND ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

**COUNSED 751 PROFESSIONAL PRACTICES: ETHICS AND CONSULTATION 3 Units**

This course is designed to review ethical principles across counseling disciplines and to apply these principles in the practice of counseling, collaboration and consultation. Ethical codes will be reviewed, theories and paradigms of ethical decision making models explored, and legal implications of ethical practice considered. Consultation theories, models, processes, and issues will be examined and applied. Consultation skill development will focus on benefiting both the client (consultee) and client system, in which the client, persons in the client's support system/context, various professionals within the educational or counseling setting, professionals in the mental health community, and other community members are empowered to facilitate change.

COREQ: COUNSED 718

**COUNSED 753 TREATMENT OF MENTAL HEALTH DISORDERS 3 Units**

Students will utilize the intake interview, mental status exam, and gathering of biopsychosocial and mental health histories to aide in the diagnostic process and development of treatment plans. Students will explore specific evidence-based interventions/techniques used with clients to address mental health concerns. Students will understand the basics pertaining to psychotropic drugs used in the treatment of mental health disorders.

PREREQ: COUNSED 728 AND ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

**COUNSED 790 WORKSHOP *Repeatable* 1-3 Units**

Variable topics. Group activity oriented presentations emphasizing "hands on" and participatory instructional techniques.

PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

**COUNSED 793 SUPERVISED PRACTICUM *Repeatable* 3 Units**

Practicum students provide individual, couple, family and group counseling services to students and other community members in the counseling lab. Students must complete supervised practicum experiences that total a minimum of 100 clock hours, including 40 hours of direct counseling service. Practicum students receive individual and/or triadic supervision and group supervision each week. This is a time to develop and refine counseling skills while providing a service to the community.

PREREQ: COUNSED 718, COUNSED 721, COUNSED 722, COUNSED 751, ADMISSION TO MS COUNSELING PROGRAM AND CONSENT OF THE DEPARTMENT

**COUNSED 795 COUNSELING INTERNSHIP *Repeatable* 3-6 Units**

The Counseling Internship is an opportunity for students to apply concepts and skills in field counseling settings. Students are placed in internship settings that are compatible with the individual student's experiences, competencies, and career goals. Students work with clients under the supervision of a qualified staff member in the setting and the university counselor education staff.

PREREQ: ADMISSION TO MS COUNSELING PROGRAM AND DEPARTMENT CONSENT

**COUNSED 796 SPECIAL STUDIES *Repeatable* 1-3 Units**

Variable topics. Group activity. Not offered regularly in the curriculum but offered on topics selected on the basis of timeliness, need, and interest, and generally in the format of regularly scheduled Catalog offerings.

PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

**COUNSED 797 ADVANCED INTERNSHIP *Repeatable* 1.5-3 Units**

Interns will complete supervised experience in their secondary area (clinical mental health or school). The intern will engage in individual, group counseling, and family counseling, and consultation, as well as a variety of other activities that a regularly employed counselor in the setting would be expected to perform. Can repeat once.

**COUNSED 798 INDIVIDUAL STUDIES *Repeatable* 1-3 Units**

Study of a selected topic or topics under the direction of a faculty member.

PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR

**COUNSED 799 THESIS RESEARCH *Repeatable* 1-6 Units**

Students must complete a Thesis Proposal Form in the Graduate Studies Office before registering for this course.

PREREQ: ADMISSION TO MS COUNSELING PROGRAM OR CONSENT OF INSTRUCTOR