

# ATHLETIC COACHING EDUCATION MINOR REQUIREMENTS

The minor in coaching provides professional preparation for the coaching of interscholastic athletics and sports. The imbalance between trained coaches and the number of coaching positions available makes the minor an attractive addition to many majors.

Code	Title	Units
<b>Minor Requirements - 22 units</b>		
COACHING 240	INTRODUCTION TO COACHING	2
COACHING 250	APPLICATION OF MECHANICAL PRINCIPLES TO COACHING	2
COACHING 255	CONDITIONING FOR INTERSCHOLASTIC SPORTS	2
COACHING 256	PSYCHO-SOCIAL ASPECTS OF COACHING	2
COACHING 460	ORGANIZATION AND ADMINISTRATION OF INTERSCHOLASTIC ATHLETICS	2
COACHING 461	PREVENTION AND CARE OF ATHLETIC INJURIES	2
COACHING 492	FIELD STUDY IN COACHING	2-3
Select 2-4 units from COACHING 350 through COACHING 361		2-4
Select 3-6 units from the following:		3-6
COACHING 252	SPORTS PEDAGOGY: TEACHING AND COACHING SPORTS SKILLS	
COACHING 260	HISTORY AND SOCIAL ASPECTS OF ATHLETICS	
COACHING 265	COACHING OF COMMUNITY SPONSORED SPORTS	
COACHING 463	CHILDREN AND SPORTS	
COACHING 464	MANAGING ATHLETIC PRACTICE SESSIONS	
COACHING 470	PRACTICUM IN ATHLETIC TRAINING	
COACHING 480	LEGAL ASPECTS OF SPORT AND RECREATION ACTIVITIES	
COACHING 490	WORKSHOP IN INTERCOLLEGIATE OR INTERSCHOLASTIC ATHLETICS	
COACHING 496	SPECIAL STUDIES	
COACHING 498	INDEPENDENT STUDY	
COACHING 361	COACHING OF SOFTBALL	
PEPROF 271	STRUCTURE AND FUNCTION OF THE HUMAN BODY	
PEPROF 281	FIRST AID AND C.P.R.	
PEPROF 371	KINESIOLOGY	
PEPROF 471	PHYSIOLOGY OF EXERCISE	
There is a limit of 3 units that may be taken from the following:		
COACHING 490	WORKSHOP IN INTERCOLLEGIATE OR INTERSCHOLASTIC ATHLETICS	
COACHING 496	SPECIAL STUDIES	
COACHING 498	INDEPENDENT STUDY	
<b>Total Units</b>		<b>22</b>

Code	Title	Units
<b>Unique Requirement</b>		
Select one of the following:		
PEPROF 271	STRUCTURE AND FUNCTION OF THE HUMAN BODY	
BIOLOGY 120	BIOLOGICAL FOUNDATIONS	