

HEALTH EDUCATION MINOR REQUIREMENTS

Code	Title	Units
Minor Requirements - 22 units		
HEALTHED 250	INTRODUCTION TO HEALTH EDUCATION	3
HEALTHED 360	CURRENT TOPICS IN HEALTH AND WELLNESS	3
HEALTHED 340	SECONDARY HEALTH EDUCATION (for EC-A Physical Educaiton Licensure majors or Secondary License majors)or)	3
HEALTHED 382	ELEMENTARY HEALTH EDUCATION (only for MCEA license students)	
HEALTHED 445	TEACHING HEALTH EDUCATION	3
HEALTHED 492	FIELD STUDY: HEALTH (1-2 credits)	1 - 2
Select 9 credits from the following		9
HEALTHED 344	PREK-12 SEXUALITY EDUCATION	
HEALTHED 362	STRESS MANAGEMENT	
HEALTHED 391		
HEALTHED 471	RESEARCH IN HEALTH AND PHYSICAL ACTIVITY	
SAFETY 255	ALCOHOL AND OTHER DRUGS	
Total Units		22-23