

HEALTH PROMOTION MINOR REQUIREMENTS

Proposed Course List

Code	Title	Units
Minor Requirements - 21 units		
HEALTHED 240	LIFE SYSTEMS	3
HEALTHED 280	INTRODUCTION TO QUALITY OF LIFE AND HEALTH PROMOTION	3
HEALTHED 360	CURRENT TOPICS IN HEALTH AND WELLNESS	3
HEALTHED 470	HEALTH BEHAVIOR THEORY	3
HEALTHED 475	HEALTH PROMOTION PROGRAMMING	3
HEALTHED 480	HEALTH PROMOTION MANAGEMENT	3
Select one of the following:		3
HEALTHED 391		
HEALTHED 335	EXERCISE AND HEALTH	
HEALTHED 362	STRESS MANAGEMENT	
PEPROF 315	PERSONAL TRAINER PROFESSIONAL PREPARATION	
HEALTHED 496	SPECIAL STUDIES	
Total Units		21