

# HEALTH EDUCATION MINOR REQUIREMENTS

Code	Title	Units
<b>Minor Requirements - 21 units <sup>1</sup></b>		
HEALTHED 265	POSITIVE MENTAL HEALTH AND WELL-BEING EDUCATION	3
HEALTHED 375	NUTRITION AND FITNESS EDUCATION	3
HEALTHED 380	TABOO TOPICS IN HEALTH EDUCATION	3
HEALTHED 445	METHODS AND CLINICAL EXPERIENCE IN HEALTH EDUCATION	3
HEALTHED 444	PRE-STUDENT TEACHING- HEALTH	1
PEPROF 166	FOUNDATIONS OF HEALTH, PHYSICAL EDUCATION AND ADAPTED PE	2
<b>Select 6 units from:</b>		<b>6</b>
HEALTHED 362	STRESS MANAGEMENT	
HEALTHED 344	PREK-12 SEXUALITY EDUCATION	
HEALTHED 360	CURRENT TOPICS IN HEALTH AND WELLNESS	
PSYCH 383	HEALTH PSYCHOLOGY	
<b>Total Units</b>		<b>21</b>

<sup>1</sup> 2.75 minimum GPA required for this minor.