

HUMAN PERFORMANCE REQUIREMENTS (BS)

Code	Title	Units
Major Requirements - 47 units ^{1, 2, 3}		
PEPROF 209	HUMAN PERFORMANCE CAREER EXPLORATION AND INTERNSHIP PREPARATION	1
PEPROF 201	STRUCTURE AND FUNCTION OF THE HUMAN BODY I	4
PEPROF 202	STRUCTURE AND FUNCTION OF THE HUMAN BODY II	3
PEPROF 270	MOTOR BEHAVIOR	3
PEPROF 282	NUTRITION FOR HEALTH	3
PEPROF 302	BIOMECHANICS OF SPORT AND EXERCISE	3
PEPROF 311	EXERCISE PSYCHOLOGY	3
PEPROF 361	INCLUSIVE PHYSICAL ACTIVITY AND RECREATION	3
PEPROF 391	HEALTH BEHAVIOR DEVELOPMENT & SOCIETY	3
PEPROF 415	HEALTH APPRAISAL AND EXERCISE TESTING	3
PEPROF 416	EXERCISE PRESCRIPTION AND FUEL UTILIZATION	3
PEPROF 471	PHYSIOLOGY OF EXERCISE	3
PEPROF 481	CAPSTONE: RESEARCH IN THE PERFORMANCE SCIENCES	3
PEPROF 493	HEALTH, HUMAN PERFORMANCE & RECREATION INTERNSHIP	6-12
STAT 230	INTRODUCTION TO STATISTICAL REASONING AND ANALYSIS	3
Total Units		47-53

¹ An approved minor is required for this major.

² Minimum 2.25 GPA in courses in the major and minor required for graduation.

³ Proficiency Requirement: First Aid Proficiency, Cardiopulmonary Resuscitation Proficiency, and Automatic External Defibrillation Proficiency