

# DEPARTMENT OF KINESIOLOGY

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Williams Center 123  
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## Overview

The Department of Kinesiology prepares teachers and professionals in physical education and the exercise sciences. The faculty and academic staff in the Kinesiology Department are dedicated to providing high quality education for students committed to professional careers in the exercise sciences, health and physical education, health promotion, sport and recreation management, strength and conditioning, and coaching, among other health and human performance careers.

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## Mission

The mission of the Department of Kinesiology is to:

1. Prepare undergraduate and graduate students for careers related to the exercise sciences and health & physical education, and contribute to the General Education Program for undergraduate students.
2. Advance knowledge as teacher-scholars in disciplines related to human performance and health & physical education; and
3. Contribute expertise and experience to professions related to human performance, and health & physical education, to the university community and general public.

## MS Applied Kinesiology

In the Online Master of Science in Applied Kinesiology program, students are exposed to a broad curriculum covering content across the kinesiology subdisciplines including exercise physiology, exercise psychology, and athletic coaching, as well as research methodology. Completion of the program helps graduates become more competitive for leadership positions such as exercise physiologists, cardiac rehabilitation coordinators, collegiate or professional strength and sport coaches, community health program educators and administrators, as well as corporate and entrepreneurial positions related to health, fitness, and sport performance.

Learning outcomes for students in the MS in Applied Kinesiology program are as follows:

1. Integrate and evaluate human anatomy and physiology concepts in the design of programs that optimize health and performance.
2. Exhibit cultural competency with a respect for complexity as they address current issues regarding diversity, ability/disability, and disease across the lifespan within the domain of human performance in a global society.
3. Inquire, analyze, and evaluate data both individually and collaboratively, and demonstrate information and quantitative literacy by contributing to the human performance research community.

4. Demonstrate the ability to analyze and apply current psychological theories to sport and exercise performance.
5. Manage human and fiscal resources in accordance with leadership, organization, and management techniques within the human performances.

## Admission Requirements

To ensure a high quality graduate student group, all MS in Applied Kinesiology students must have a bachelor's degree from a recognized institution and meet graduate admission criteria.

### Program Coordinator

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## Major in Kinesiology

- Applied Kinesiology (MS) (<http://uww-public.courseleaf.com/graduate/education/applied-kinesiology/>)

## Certificate in Kinesiology

- Athletic Counseling (<http://uww-public.courseleaf.com/graduate/education/athletic-counseling-certificate/>)