

HUMAN PERFORMANCE - PRE-PROFESSIONAL EMPHASIS (BS)

The Pre-Professional Emphasis of the Human Performance Major is designed for students who intend to pursue a professional graduate program in Physical Therapy, Athletic Training, or Occupational Therapy. Students will be advised to choose the elective group that coincides with their intended graduate program and to declare the Allied Health Foundations Minor.

Code	Title	Units
Major Requirements ^{1, 2, 3}		
PEPROF 105	MEDICAL TERMINOLOGY	1
PEPROF 209	HUMAN PERFORMANCE CAREER EXPLORATION AND INTERNSHIP PREPARATION	1
PEPROF 270	MOTOR BEHAVIOR	3
PEPROF 282	NUTRITION FOR HEALTH	3
PEPROF 302	BIOMECHANICS OF SPORT AND EXERCISE	3
PEPROF 311	EXERCISE PSYCHOLOGY	3
PEPROF 391	HEALTH BEHAVIOR DEVELOPMENT & SOCIETY	3
PEPROF 415	HEALTH APPRAISAL AND EXERCISE TESTING	3
PEPROF 416	EXERCISE PRESCRIPTION AND FUEL UTILIZATION	3
PEPROF 471	PHYSIOLOGY OF EXERCISE	3
PEPROF 481	CAPSTONE: RESEARCH IN THE PERFORMANCE SCIENCES	3
PEPROF 492	FIELD STUDY	2
Select One Group of Elective Courses: ³		9-13
Pre-Physical Therapy		
PHYSCS 141	PRINCIPLES OF PHYSICS II	
CHEM 104	GENERAL CHEMISTRY II	
One Additional Course in PSYCH, SOCIOLOGY, or ANTHROPOLOGY		
Pre-Occupational Therapy		
EDFOUND 230	INTRODUCTION TO HUMAN DEVELOPMENT	
or PSYCH 330	LIFESPAN DEVELOPMENT	
PEPROF 361	INCLUSIVE PHYSICAL ACTIVITY AND RECREATION	
One Additional Course in PSYCH, SOCIOLOGY, or ANTHROPOLOGY		
Pre-Athletic Training		
COACHING 461	PREVENTION AND CARE OF ATHLETIC INJURIES	
COACHING 470	PRACTICUM IN ATHLETIC TRAINING	
SAFETY 368	ERGONOMICS	
Total Units		40-44

- ² Milestone Proficiency Requirement: First Aid Proficiency, Cardiopulmonary Resuscitation Proficiency, and Automatic External Defibrillation Proficiency
- ³ Students should choose the group of electives based on their intended professional graduate program. Students should check graduate programs for specific admission requirements, as there may be additional coursework needed.

insert plan of study

¹ Minimum 2.75 GPA in courses in the major and minor required for graduation.